

### FAITH IS THE KEY TO GETTING FIT

FEBRUARY 3 & 4, 2024

### Matthew 13:53-58 (NLT)

When Jesus had finished telling these stories and illustrations, he left that part of the country. He returned to Nazareth, his hometown. When he taught there in the synagogue, everyone was amazed and said, "Where does he get this wisdom and the power to do miracles?" Then they scoffed, "He's just the carpenter's son, and we know Mary, his mother, and his brothers—James, Joseph, Simon, and Judas. All his sisters live right here among us. Where did he learn all these things?" And they were deeply offended and refused to believe in him. Then Jesus told them, "A prophet is honored everywhere except in his own hometown and among his own family." And so he did only a few miracles there because of their unbelief.

# **Romans 4:20** (GNT)

His faith did not leave him, and he did not doubt God's promise; his faith filled him with power, and he gave praise to God.

# 4 TYPES OF FAITH THAT WILL MAKE ME FIT:

A faith that chooses to believe	
for my life.	

# **Proverbs 29:18** (TPT)

When there is no clear prophetic vision, people quickly wander astray. But when you follow the revelation of the Word, heaven's bliss fills your soul.

# 3 Keys to Receiving God's Dream:

God to show me His dream for my life.

# Ephesians 3:20 (LB)

Now glory be to God, who by his mighty power at work within us is able to do far more than we would ever dare to ask or even dream of—infinitely beyond our highest prayers, desires, thoughts, or hopes.

God's promises for me are true.				
Jeremiah 32:27 (NLT) I am the Lord, the God of all the peoples of the world. Is anything too hard for me?				
•the biggest dream I can imagine.				
Psalm 2:6-8 (NLT) For the Lord declares, "I have placed my chosen king on the throne in Jerusalem, on my holy mountain." The king proclaim the LORD's decree: "The LORD said to me, 'You are my son. Today I have become your Father. Only ask, and I will give you the nations as your inheritance, the whole earth as your possession."				
What dream do you need to ask God for right now?				
What dream do you need to act on right now?				
A faith that does not fear				
Acts 15:26 (NAS)men who have risked their lives for the name of our Lord Jesus Christ.				
Daniel 3:17-18 (NI\/)				

If we are thrown into the blazing furnace, the God we serve is able to deliver us from it, and he will deliver us from Your Majesty's hand. But even if he does not, we want you to know, Your Majesty, that we will not serve your gods or worship the image of gold you have set up.

### Proverbs 29:25 (MSG)

The fear of human opinion disables; trusting in God protects you from that.

### Galatians 6:4 (TPT)

Let everyone be devoted to fulfill the work God has given them to do with excellence, and their joy will be in doing what's right and being themselves, and not in being affirmed by others.

A faith that expects God to me and me
Philippians 1:20 (NCV) I expect and hope that I will not fail Christ in anything but that I will have the courage now, as always, to show the greatness of Christ in my life here on earth, whether I live or die.
Psalm 27:13 (NLT) Yet I am confident I will see the Lord's goodness while I am here in the land of the living.
<b>Hebrews 11:1</b> (GW) Faith assures us of things we expect and convinces us of the existence of things we cannot see.
Big dreamers will get big
A faith that never, ever
<b>Psalm 31:24</b> (MSG) Be brave. Be strong. Don't give up.
Expect God to come through in the
<b>Psalm 119:109</b> (LB) My life hangs in the balance, but I will not give up obedience to your laws.
<b>Proverbs 24:16</b> (CEV) Even if good people fall seven times, they will get back up. But when trouble strikes the wicked, that's the end of them.
Galatians 6:9 (LB) And let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don't get discouraged and give up.
The Four Levels of Fellowship:  • The fellowship of

•	The fellowship of	
•	The fellowship of	
•	The fellowship of	
•	The fellowship of	

### **Psalm 73:26** (NLT)

My health may fail, and my spirit may grow weak, but God remains the strength of my heart; he is mine forever.

# Philippians 2:8-11 (NIV)

And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.



### FAITH IS THE KEY TO GETTING FIT

FEBRUARY 3 & 4, 2024

### Matthew 13:53-58 (NLT)

When Jesus had finished telling these stories and illustrations, he left that part of the country. He returned to Nazareth, his hometown. When he taught there in the synagogue, everyone was amazed and said, "Where does he get this wisdom and the power to do miracles?" Then they scoffed, "He's just the carpenter's son, and we know Mary, his mother, and his brothers—James, Joseph, Simon, and Judas. All his sisters live right here among us. Where did he learn all these things?" And they were deeply offended and refused to believe in him. Then Jesus told them, "A prophet is honored everywhere except in his own hometown and among his own family." And so he did only a few miracles there because of their unbelief.

# **Romans 4:20** (GNT)

His faith did not leave him, and he did not doubt God's promise; his faith filled him with power, and he gave praise to God.

# 4 TYPES OF FAITH THAT WILL MAKE ME FIT:



A faith that chooses to believe <u>God's dreams</u> for my life.

# Proverbs 29:18 (TPT)

When there is no clear prophetic vision, people quickly wander astray. But when you follow the revelation of the Word, heaven's bliss fills your soul.

# 3 Keys to Receiving God's Dream:

Ask God to show me His dream for my life.

# Ephesians 3:20 (LB)

Now glory be to God, who by his mighty power at work within us is able to do far more than we would ever dare to ask or even dream of—infinitely beyond our highest prayers, desires, thoughts, or hopes.

• Believe God's promises for me are true.

### Jeremiah 32:27 (NLT)

I am the Lord, the God of all the peoples of the world. Is anything too hard for me?

· Choose the biggest dream I can imagine.

### **Psalm 2:6-8** (NLT)

For the Lord declares, "I have placed my chosen king on the throne in Jerusalem, on my holy mountain." The king proclaims the LORD's decree: "The LORD said to me, 'You are my son. Today I have become your Father. Only ask, and I will give you the nations as your inheritance, the whole earth as your possession."

What dream do you need to ask God for right now?			
What dream do you need to act on right now?			

# 2

# A faith that does not fear failure.

### Acts 15:26 (NAS)

...men who have risked their lives for the name of our Lord Jesus Christ.

### **Daniel 3:17-18** (NIV)

If we are thrown into the blazing furnace, the God we serve is able to deliver us from it, and he will deliver us from Your Majesty's hand. But even if he does not, we want you to know, Your Majesty, that we will not serve your gods or worship the image of gold you have set up.

### Proverbs 29:25 (MSG)

The fear of human opinion disables; trusting in God protects you from that.

### Galatians 6:4 (TPT)

Let everyone be devoted to fulfill the work God has given them to do with excellence, and their joy will be in doing what's right and being themselves, and not in being affirmed by others.



## A faith that expects God to use me and bless me.

### Philippians 1:20 (NCV)

I expect and hope that I will not fail Christ in anything but that I will have the courage now, as always, to show the greatness of Christ in my life here on earth, whether I live or die.

### **Psalm 27:13** (NLT)

Yet I am confident I will see the Lord's goodness while I am here in the land of the living.

### **Hebrews 11:1** (GW)

Faith assures us of things we expect and convinces us of the existence of things we cannot see.

## Big dreamers will get big <u>criticism</u>.



A faith that never, ever gives up.

### **Psalm 31:24** (MSG)

Be brave. Be strong. Don't give up.

## Expect God to come through in the nick of time.

## Psalm 119:109 (LB)

My life hangs in the balance, but I will not give up obedience to your laws.

# Proverbs 24:16 (CEV)

Even if good people fall seven times, they will get back up. But when trouble strikes the wicked, that's the end of them.

# Galatians 6:9 (LB)

And let us not get tired of doing what is right, for after a while we will reap a harvest of blessing if we don't get discouraged and give up.

# The Four Levels of Fellowship:

- The fellowship of sharing
- The fellowship of <u>studying</u>
- The fellowship of serving
- The fellowship of suffering

# **Psalm 73:26** (NLT)

My health may fail, and my spirit may grow weak, but God remains the strength of my heart; he is mine forever.

# Philippians 2:8-11 (NIV)

And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.